Let's Go Fly a Kite

Soaring to New Heights of Student Leadership

<u>*Purpose:*</u> To provide an activity for self-expression, goal-setting, and group interaction using kites.

Time: One class period

Supplies needed:18 x 24 Construction Paper (1 sheet/person)
Magazines/Newspapers to cut from
String (approx. half-metre /person)
Markers (various colors)
Box of paper clips
Tape, Glue, Scissors, etc.

Instructions:

- 1. Distribute supplies.
- 2. Fold paper lengthwise down the center.
- 3. Draw a kite (diamond-shaped) on the full sheet of paper. Cut it out, saving the 4 corners that are cut off for the tail pieces later.
- 4. Draw the "support sticks" on the kite (cross-shaped).
- 5. In each quadrant of the kite, provide a word or image to represent each of the following:
 - Upper left A talent/skill/hobby that you have
 - Upper right An accomplishment you are proud of
 - Lower left A goal you would like to accomplish this year
 - Lower right A personal goal you hope to accomplish (stress the importance of goalsetting here) in your lifetime – DREAM BIG !!
- 6. Using the previously cutoff corners, make the tail bows, then, on each bow, write out a quality/characteristic/personality trait you would like associated with your name, especially ones that will help you accomplish your goals.
- 7. Attach bows to string with tape.
- 8. Attach tail to kite with tape
- 9. Attach paper clip hanger to top of kite.
- 10. Upon total group completion of their individual kites, take completed kite and find partner in the group. In 60 seconds, describe yourself through your kite and the content of the quadrants and the bows. Partner repeats the process.
- 11. You and your partner go meet another pair of group members and introduce your partner to the new pair. Each partner introduces the other.
- 12. Upon completion of the quartet, group reorganizes and each member of a quartet will introduce other members of the quartet to the group through the use of their kites and qualities thereon.
- 13. Upon completion of all introductions, hang kites on a long string for presentation. Taping the paper clip in place on the string will permit easier movement of the kite-line.

from the NLC Leadership Curriculum Guide published by NASSP in 1994 (p. 270). This publication is available for sale from NASSP at 800-253-7746. A catalog is available at www.nasc.us