



Activity: CD Cover Design (Self Awareness, Group Dynamics)

Materials: Blank CD Cover
Construction Paper
Markers/Pencil Crayons
Glue
Old Magazines
Song list
Any other materials specific to your group

Procedure:

- This activity is designed to help groups to get to know each other. Each person will create and explain their CD Cover.
- Once the materials have been made available, have the students:
 - Select a name for the artist or group that represents the “Real You”.
 - Select a title and design for the cover that represents how others see you.
 - Select eight song titles –
 - One that best represents who you are.
 - One that represents your philosophy of life.
 - One that tells where you feel most comfortable and makes you feel good.
 - One that tells what you do well and would like to accomplish.
 - One that represents your family.
 - One that represents your goals/dreams in life.
 - One that represents the type of friend you are.
 - One that is your personal favorite/choice.(These song titles can be actual titles or they can be ‘invented’.
- Choose a producer – your most influential family member.
- Choose an agent – your most influential non-family member.
- List six (6) credits {individuals} who have helped you become who and what you are.
- List your five best characteristics.
- Note: The CD design is left up to you. You may use drawings, magazine or actual photographs for their agents, producers, etc. Your design may be computer generated.
- Once everyone has completed their CD Cover, they can present ‘themselves’ to a partner. Then you can proceed to quartets, and have members introduce each other or you could have each individual person present themselves or each other to the group. This depends upon the dynamics of your particular group.

Discussion Questions:

- What did you learn about yourself?
- What did you learn about other people in your class?
- Why is it important for a person to contemplate these things and share them with others?
- What made this an “uncomfortable” activity for some of you?

*“CD Covers” is from an original lesson by Lori Kiblinger that was published in **Leadership for Student Activities** magazine, May 2000. For information on Leadership magazine, visit www.nasc.us*